
Great way to kick off fall



WESTMAN WOMEN'S
EXPO
September 27/2015



Written by Wanda Kurchaba

People come up with great ideas all the time. It's when you put the right people together that the ideas blossom into reality. That's how the first-ever Westman Women's Expo came to be.

While it was founded by Robin Chant and Julia Sotas, Sue Swarbrick quickly came on board to form a three-way partnership to create an amazing one-day event for women.

The idea of the Westman Women's Expo grew from the concept of the successful Westman Wellness Show, which is held in January and was also created by Robin and Julia.

"We believe in the importance of women's empowerment, business networking, pampering and fun," Sue said. "We're just thrilled by how we've come together as co-producers with three very different backgrounds to pull this off!"

Robin is the founder and owner of Inspire You Studio, as well as a Reiki and BodyTalk practitioner and instructor. Julia is a certified facilitator in Access Consciousness and Sue is the owner of Budget Blinds.

The inaugural event, to be held on September 27 in Brandon at the Victoria Inn, is about bringing women together for everything from wellness to home decor and design. The fall trade show will host more than 60 exhibitors from a broad spectrum, plus feature a Speaker's Showcase.

"Basically, anything that women would want to shop for or learn about, we're trying to bring it in," said Sue. "We want to bring women together to trade, explore and be pampered."

The expo is intended for women of all ages from every background. A highlight of the event will feature well-known designer and lifestyle speaker, Jackie Morra. Jackie will inspire you to make your home, your sanctuary and to make your spaces a reflection of you and what inspires you most. She will demonstrate décor and design ideas to show you how your style is directly connected to your mind, body and spirit.

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Designer and Lifestyle Speaker, Jackie Morra

Jackie has been featured in various TV, print and online media such as Breakfast Television, Global TV, CityTV, CTV News, The Toronto Star, Reno & Décor Magazine, Style at Home, House and Home and houzz.co.

In addition, the Speaker's Showcase will feature local motivational speakers covering a range of topics. Robin and Julia inform and delight the audience with their perspectives on wellness and you can look forward to more inspiration and guidance from mentors, Kim Standeven and Ruby Toad.

In terms of exhibitors, you'll find a variety of businesses showcasing the latest in hair, make-up, nails and fashion, plus there will be information on yoga, meditation and holistic living. A number of home-based businesses will be in attendance, as well as a variety of other businesses on home decor, investment, retirement living and everything in between.

"What I love is face-to-face connections with people. In the spring, there are many events to showcase our business and our team. We felt that the fall was the perfect time to re-connect with Southwest Manitoba," said Sue. "We are thrilled with the excitement that is being generated by this event and so grateful to our presenting sponsors."

The Westman Women's Expo runs from 10 a.m. to 5 p.m. and costs \$10 to attend. So, if you're looking to shop, indulge, explore, learn, network and pamper yourself, mark September 27 on the calendar!

SPEAKER'S SHOWCASE SCHEDULE

- 10:15** Robin Chant "Are you Nurturing You?"
- 11:00** Julia Sotas "Happiness is Just a Choice"
- 12:00** Jackie Morra "Make Your Home Your Sanctuary"
- 1:00** Kim Standeven "Empowerment...Living True to Who You Are"
- 2:00** Tracey Ray of Bloom Financial "Money Mindset"
- 3:00** Jackie Morra Interiors...Nitty Gritty Q and A Session. Free 5 minute 1 on 1 sessions Live...Jackie with the audience!!! (bring your photos from your home!!!)
- 4:00** Yoga with Riley Swarbrick and Meditation with Ruby Toad

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